

Katie Royle

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Education

University of Mary Washington (UMW), Fredericksburg, VA

Major: Communications and Digital Studies, Minor: Sports Management

Expected Graduation: May 2027, **GPA:** 3.85, **Honors:** UMW President's List (Spring 2024)

Athletic Involvement

Student Athlete, UMW Field Hockey Team

(August 2023 – Present)

- Named First Team All-Conference Coast to Coast (2023-2024)
 - Virginia Sports Information Directors (VaSID) All-State Second Team (2023-2024)
 - Named to NFHCA Division III Watchlist - One of 181 athletes chosen nationally (2024)
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Professional Experience

Coach, Orange Theory Fitness

(July 2024 – Present)

- Lead group fitness classes, providing personalized coaching to help clients achieve fitness goals.
- Apply NASM certification knowledge to instruct safe, effective workout routines.

Ice Cream Scooper, Gelati Celesti

(March 2023 – Present)

- Manage cash register transactions and serve customers, ensuring excellent customer service.
 - Maintain a clean, organized environment to promote a positive dining experience.
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Certifications

- National Academy of Sports Medicine (NASM) Certified Personal Trainer (July 2024)
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Clubs & Activities

Member, Eagles Let's Talk Club (2023-2024)

- Participate in discussions and initiatives focusing on athlete mental health support and awareness.
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Skills

- **Coaching & Personal Training:** NASM certified, Orange Theory Fitness coaching experience
- **Communication:** Strong written and verbal communication skills honed through academic coursework
- **Customer Service:** Proven track record of positive customer interactions at Gelati Celesti
- **Athlete Wellness & Support:** Involved in mental health support initiatives for athletes